



Worksheet 3. Reading: *Type A Personality*

Read the descriptions of the Type A personality. Answer the questions that follow.

The Type A Personality

The Type A personality has an **intense** drive to **achieve goals** and likes to **compete**. These are people who have a **persistent** desire for recognition and advancement. They are **super-achievers** and **high-powered** people.

They demand a lot of others and are often critical. They are not **tolerant** of imperfection. They often work too hard and don't pay attention to their health.

But, even though Type A personalities are often difficult, they can also be good and **loyal** friends. They may also excel at certain sports and games, and form strong **friendships** with team mates.

Type A personalities are often found as business owners, managers, sales people (especially those who work on **commission**), CEOs (Chief Executive Officers) of corporations, and in other positions that require a **take-charge** person.

Answer the questions according to the information in the Reading. Circle all correct answers. Some items have more than one correct answer.

- Which words describe Type A personalities?
 - competitive
 - high-powered
 - demanding
 - tolerant
 - take-charge
- What do Type A personalities often do?
 - They might work too hard.
 - They play sports too much.
- Which statement is true?
 - Type A personalities are very concerned with their health.
 - Type A personalities can be careless of their health.
- Which professions or occupations are typical Type As often found in?
 - actors
 - chefs
 - owners of businesses
 - top salespeople
 - chief executive officers of corporations

